A Bright Future For the Next 50 Years In Hawaii

I love living in the state of Hawaii, but there are certain aspects, that are starting to make me worry about the future.  Some of the problems, that I see and hear today, include, the cost of importing crops and supplies, and the health and obesity of the youth.

Firstly, the cost of importing goods to our state is taking a lot of money, not only from the state, but from the our own pockets when we want to buy produce.  We have so much land and environment that we are not making use of.  One thing we could do is have more land for individuals create their own small farms, and they sell those crops at farmer’s markets (Mitra).  This will ensure that the food is organic and also helps small business owners.  We must start to create more, large scale farms, but the government also needs land for housing, so a solution to that is to create traveling air farms.  My idea is to create airplanes that hold crops, and actually grow the crops on the plane.  There could also be boat farms, same idea but put the crops in boats.  Both ideas would act as traveling farms, that could be transported from island to island.

Even though the State of Hawaii is ranked healthiest in the country with “only” 21.8% of adults obese,(Obesity in Hawaii) the amount of obese and overweight youth is growing more and more each year.  In 2011, the studies have shown that in some low-income communities, there are more than 40% of children entering kindergarten obese or overweight (Okihiro).   Obesity leads to other health problems, and therefore, there not be a strong generation coming in the next 50 years.  Then there won’t be enough people to live on to form new and fresh ideas. We first have to make sure that they are getting the necessary nutrients in their diet.  Most of the people that are overweight, are living with less money, therefore they can’t afford the cost of fresh fruits and vegetables (Obesity and Overweight).  If we create more farming on island as I said earlier, it will automatically drop the price of fresh fruits and vegetables.  And to ensure that the entire community gets the opportunity to get these foods, the state could create a truck that drives around, like an icecream truck, that sells fruits and vegetables.  One more thing we could do, is create a policy in schools to ensure that students get physical activity.  For example, every student must take P.E. or a sport, every year of school.  I know many students would not like this, but the exercise does not need to be extremely hard, as long as their bodies are moving.

Overall, I believe that the state of Hawaii needs to be improved in the agriculture industry and health of the community so that we can live a more sustainable life.